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These perfect paleo chocolate chip cookies are thick, chewy and have the perfect texture. Ingredients: 1 cup (100 grams) blanched almond flour1 1/4 cup (32 grams) coconut flour2 1 teaspoon baking soda 1/4 teaspoon salt 6 tablespoons (84 grams) coconut oil or unsalted butter, room temperature (if your coconut oil is a little melty, put it in the fridge for about 10-20 minutes or until firmer ...

The Gluten-Free Revolution: Absolutely Everything You Need ...

The Gluten Free Revolution has everything—and I do mean everything—you need to know about building a gluten-free life for you and for your family. Lowell says, "Fifteen million Americans follow a gluten-free diet, of which three million, myself included, are gluten-intolerant with documented celiac disease."

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Absolutely. At Absolutely Gluten Free, we're committed to providing delicious items that just happen to be gluten free. Absolutely Gluten Free Crackers, Flatbreads and Pizzas are so good

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The Gluten-Free Revolution: Absolutely Everything You Need ...

The Gluten-Free Revolution: Absolutely Everything You Need to Know about Losing the Wheat, Reclaiming Your Health, and Eating Happily Ever After 5.0 2 5 1 by Jax Peters Lowell , Anthony J. DiMarino MD (Foreword by) Jax Peters Lowell

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The Gluten Free Revolution is an updated guidebook with current medical information, answers to practical questions and lots of recipes. It's a huge, information packed book, that is written in a personal tone that makes it easy to get through all the technical information.

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The Gluten Free Revolution by Jax Peters Lowell | Mama ...

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