

Botanical Medicines The Desk Reference For Major Herbal Supplements

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Botanical Medicine Resources | Taking Charge of Your ...

This, of course, is the big question. And, of course, it can't be answered generally. You must consider the potential benefits and risks of a specific botanical for your specific situation. As with drugs, you need to consider any contraindications, such as allergies. If you are taking other drugs or botanicals, you need to research possible drug interactions.

Botanical Medicines: The Desk Reference for Major Herbal ...

The way Botanical Medicines: The Desk Reference for Major Herbal Supplements, Second Edition. is organized (standardized topic formats are used in each monograph) makes it easy for you to locate relevant information quickly and to compare corresponding sections between different entries.

for Herbal Medicines

Finally, a well qualified complement of authors have created an herbal desk reference (at nearly a kilogram and a half in weight, you will want to rest it on your desk) without hype or bias, one that actually serves as a comprehensive reference resource for 34 popular US botanical dietary supplements.

Dennis McKenna - Wikipedia

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Amazon.com: botanical medicine

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He co-authored The Invisible Landscape with his brother Terence and Botanical Medicines: the Desk Reference for Major Herbal Supplements with Kenneth Jones and Kerry Hughes. McKenna spent a number of years as a senior lecturer for the Center for Spirituality and Healing, part of the Academic Health Center at the University of Minnesota , Twin ...

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Dennis Jon McKenna is an American ethnopharmacologist, research pharmacognosist, lecturer and author. He who has studied plant hallucinogens for over forty years. He earned his Master's degree in botany at the University of Hawaii, and his Doctorate in Botanical Sciences from the University of ...

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