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30 Covert Emotional Manipulation Tactics: How Manipulators Take Control In Personal Relationships This book is geared toward romantic relationships, including those involving a pathological partner. Even so, many of the manipulation tactics are the same as those used by family members, coworkers, friends and others.

30 Covert Emotional Manipulation Tactics

30 Covert Emotional Manipulation Tactics covers manipulation tactics in intimate relationships. Adelyn Birch, the author, manages to cover much ground and deliver great wisdom and potentially life-saving information in a very short space.

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Even so, many of the manipulation tactics are the same as those used by family members, coworkers, friends and others. Covert emotional manipulation tactics are underhanded methods of control. Emotional manipulation methodically wears down your self-worth and damages your trust in your own perceptions.

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30 Covert Emotional Manipulation Tactics: How Manipulators ...

Identifying covert emotional manipulation is tricky. You sense something is wrong, but you can't quite put your finger on the problem. This powerful book will reveal to you if manipulation is at play in your relationships. It will open your eyes. You will learn 30 tactics manipulators use to get what they want.

[Z561.Ebook] PDF Ebook 30 Covert Emotional Manipulation ...

Covert emotional manipulation occurs when a person who wants to gain power and control over you uses deceptive and underhanded tactics to change your thinking, behavior and perceptions. Emotional manipulation operates under the level of your conscious awareness. It holds you psychologically captive. Victims usually don't realize what's going on while it's happening.

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